

Volunteer Profile:

Shelley



- How long have you been volunteering with the Good Neighbour Scheme?

I've been with the Good Neighbour Scheme since the early part of 2020 when the COVID pandemic hit.

- What is your primary volunteering role within the Scheme (i.e. providing transport, befriending, other)?

I am the volunteer coordinator and also a befriending telephone caller to some of our lovely village members of the scheme. I do some of the work behind the scenes with coordinating activities etc and arranging activities such as leaflet drops with information & activity packs for our members to complete.

- What made you decide to get into volunteering?

I became part of the admin team running the village Helping Hands Facebook page at the start of 2020 as I was passionate about helping as many people through the pandemic as possible. I have always conducted some sort of volunteering, previously being a volunteer with the Royal Voluntary Service and also helping to mentor young people with careers advice through my job. I believe that we all have a little something that we can give towards helping others.

- What advice would you give to anyone who is interested in volunteering?

Definitely give it a go! The fact that it is voluntary means you are under no obligations and the feel good factor of seeing the benefits of your efforts is great. You also get to meet people you probably wouldn't have done in your normal life and it's a lot of fun!