

Volunteer Profile:

Natalie



- How long have you been volunteering with the Good Neighbour Scheme?

I've been with the Good Neighbour Scheme since lockdown last year.

- What is your primary volunteering role within the Scheme (i.e. providing transport, befriending, other)?

I have been doing support calls every week/two weeks to residents who live in the local area during COVID lockdown which has been a really rewarding experience. Lockdown has been tough on all of us especially for those who live on their own and are finding it difficult not being able to see family and friends.

- What made you decide to get into volunteering?

My fiancé recommended doing volunteering as we essentially wanted to help out the community we live in and found the Good Neighbour Scheme. I think it's extremely important to give back to the community and to help others as much as you can. I've also found it a great way to get out of my comfort zone, try new things and meet different people.

- What advice would you give to anyone who is interested in volunteering?

Don't be afraid to try new things and make new connections! It's a great thing to get more involved with your community and to help others.